

National
Portrait
Gallery

MY SUPER HEROES

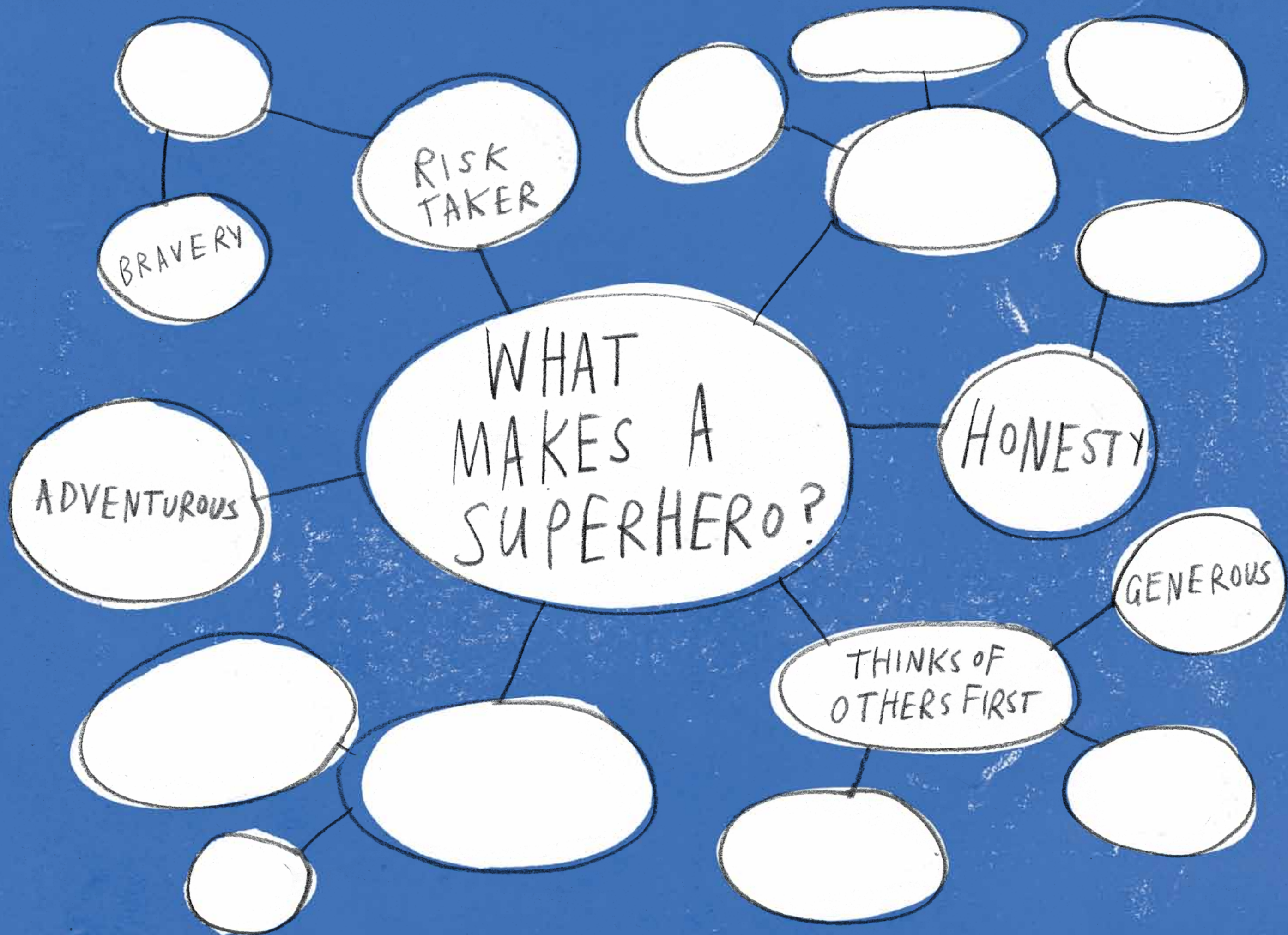
This BOOK
BELONGS TO



MY SUPERHEROES

SUPERHEROES CAN COME FROM ANYWHERE.
THEY CAN BE FAMOUS PEOPLE PAST OR PRESENT.
OR SOMEONE YOU MIGHT KNOW, YOUR FAMILY
OR FRIENDS.

WHO WILL YOUR SUPERHERO BE?



SIR FRANCIS DRAKE

ELIZABETHAN SAILOR, NAVIGATOR,
EXPLORER and ENGLISH HERO



BORN in ENGLAND 1540

STRENGTHS

FEARLESS, COURAGEOUS,

ACHIEVEMENT

FIRST ENGLISHMAN TO
TO TRAVEL AROUND THE WORLD.

HERO QUALITIES

RISK TAKER.

FASCINATING FACT

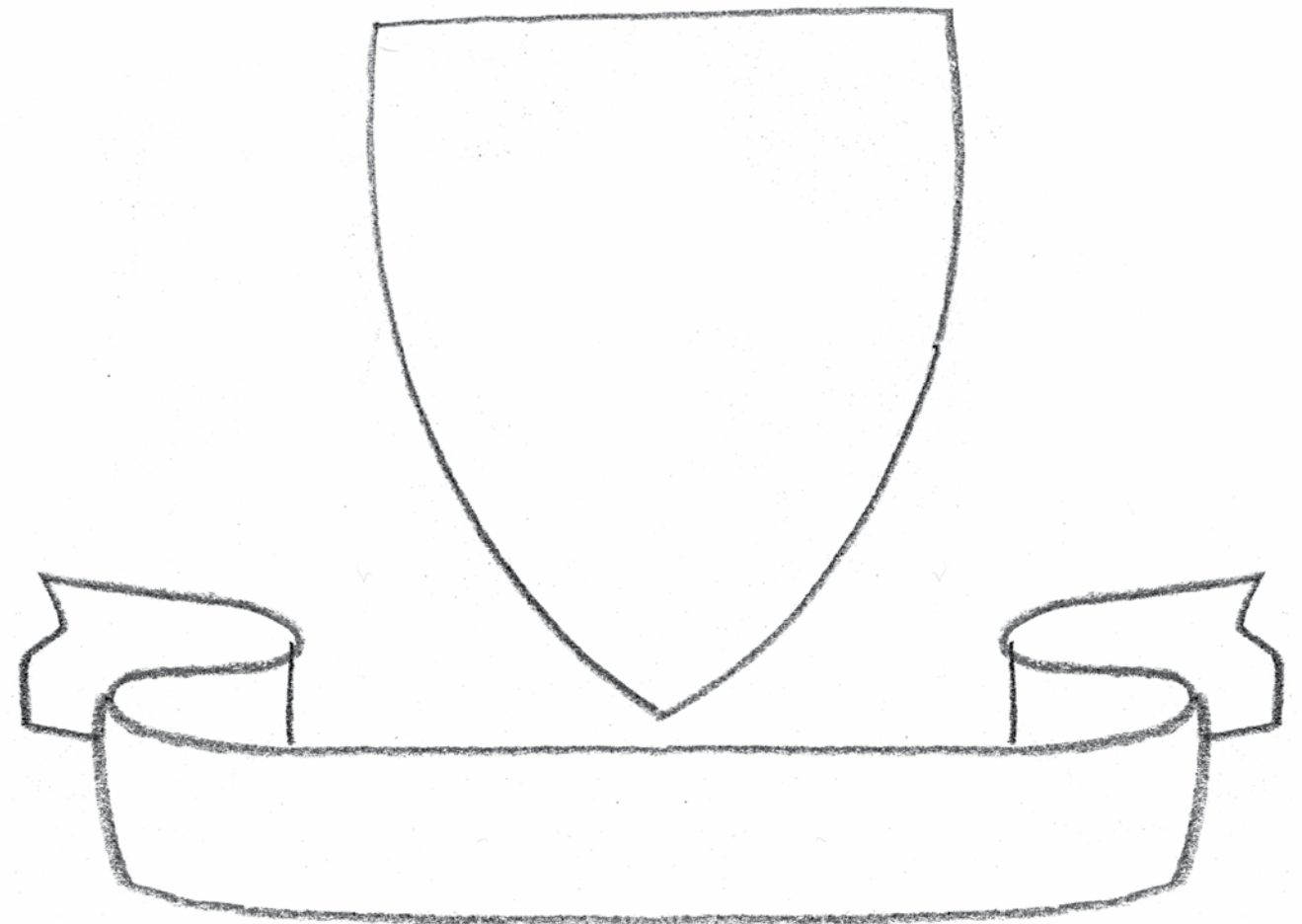
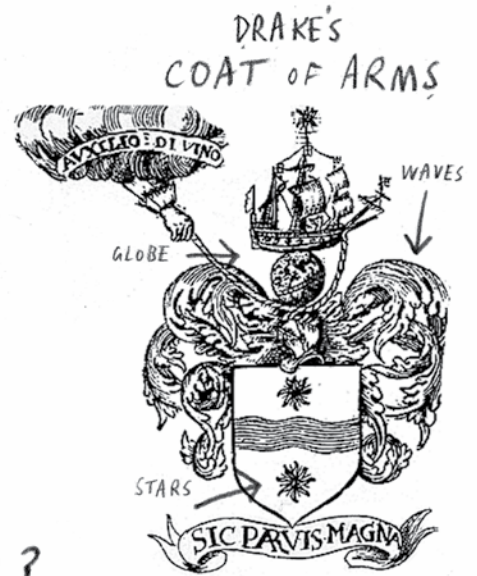
LIVED ON A WRECKED SHIP
when he was young.

MAKE YOUR OWN COAT OF ARMS

A COAT OF ARMS is A SET OF SYMBOLS
THAT TELLS PEOPLE ABOUT YOU.

DRAKE HAD A SHIELD, WAVES, STARS, A GLOBE
and the HAND OF GOD IN HIS COAT OF ARMS.

WHAT SYMBOLS WOULD TELL US ABOUT YOU?



WRITE YOUR
OWN MOTTO →

MOTTO - A phrase or word used to express
a goal or ideal.

DRAKE'S MOTTO IS "GREAT THINGS COME FROM SMALL."

MICHAEL FARADAY

WAS ONE OF THE GREATEST SCIENTISTS OF THE 19th CENTURY.



BORN 1791

STRENGTHS

ACHIEVEMENT

HERO QUALITIES

FASCINATING FACT

ONE OF THE GREATEST SCIENTIFIC EXPERIMENTERS OF ALL TIME.

DISCOVERED Electromagnetic Induction. THIS HELPED ENABLE ELECTRICITY TO BE USED IN HOMES AND INDUSTRY.

NEVER GIVING UP ON HIS GOALS.

SON OF A BLACKSMITH, HE WAS COMPLETELY SELF-TAUGHT IN SCIENCE.

MAKE YOUR OWN STATIC ELECTRICITY

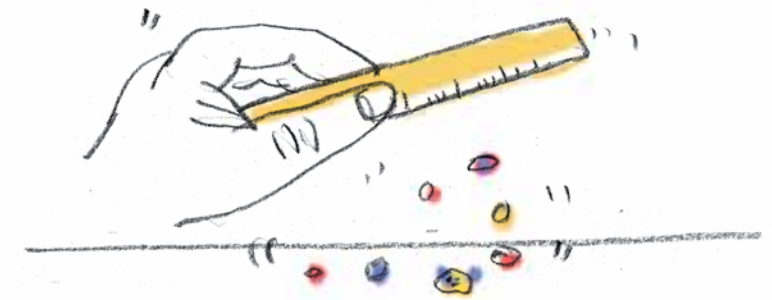
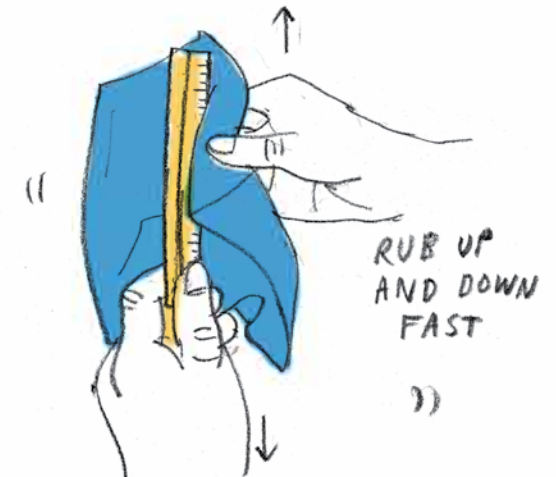
Materials You need.

PLASTIC RULER
TISSUE PAPER
WOOLLEN FABRIC
PENS & PENCILS
SCISSORS

Draw little insects on the tissue paper and cut them out.

Rub the ruler (on both sides) with the fabric. This will CHARGE it with STATIC ELECTRICITY.

Hold the ruler next to the tissue paper and see what happens.



TRY DIFFERENT MATERIALS AND RECORD YOUR FINDINGS

MATERIAL	OBJECT	RESULT
COTTON	WOODEN RULER	No Result!
WOOL		
	PLASTIC COMB	

EMMELINE PANKHURST

WAS THE LEADER OF THE BRITISH SUFFRAGETTE MOVEMENT WHICH HELPED WOMEN WIN THE RIGHT TO VOTE IN 1928.



BORN 1858

STRENGTHS BRAVE, HARD WORKER
ACHIEVEMENT HELPED WOMEN FIGHT FOR THEIR RIGHTS TO BE EQUAL WITH MEN.

HERO QUALITIES STOOD UP FOR WHAT SHE BELIEVED WAS RIGHT.

FASCINATING FACT THE SUFFRAGETTES WORE THE COLOURS - PURPLE, WHITE and GREEN.

MAKE YOUR OWN BADGE



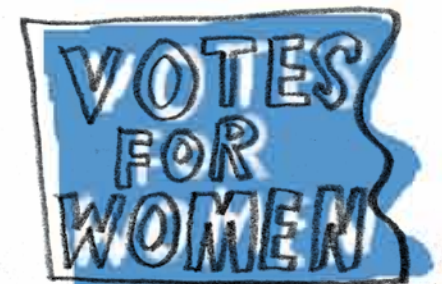
THE SUFFRAGETTES USED TO WEAR A BADGE TO SHOW THEIR BELIEFS. MAKE YOUR OWN BADGE TO SHOW WHAT YOU BELIEVE IN.

WHAT YOU WILL NEED

CARD
SCISSORS
CIRCLE TEMPLATE
PENS & PENCILS
VELCRO TAPE



1. DRAW A SHAPE YOU LIKE.
2. CUT IT OUT.
3. DRAW and COLOUR YOUR DESIGN.
4. STICK A SMALL SQUARE OF VELCRO TO THE BACK OF THE BADGE.



ERNEST SHACKLETON

AN IRISH-BORN BRITISH EXPLORER. BEST REMEMBERED FOR HIS ANTARCTIC EXPEDITION OF 1914-17 in the ship 'ENDURANCE'.



BORN 1874

STRENGTHS

LED EFFECTIVELY IN A CRISIS.
STAYED CALM.

ACHIEVEMENT

EXPEDITION TO THE SOUTH POLE.

HERO QUALITIES

RESCUED HIS MEN WHEN THEIR SHIP 'ENDURANCE' WAS CRUSHED BY ICE.

FASCINATING FACT

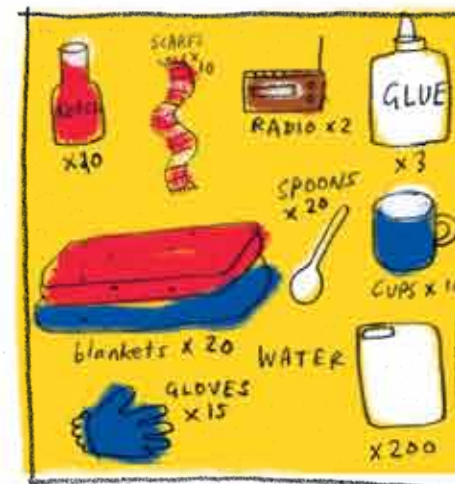
SHACKLETON THOUGHT A BANJO WAS VERY IMPORTANT. IN TIMES OF TROUBLE, SHACKLETON'S TEAM PLAYED MUSIC TO MAKE THEM HAPPY.

MAKE A BOAT

WHAT YOU NEED

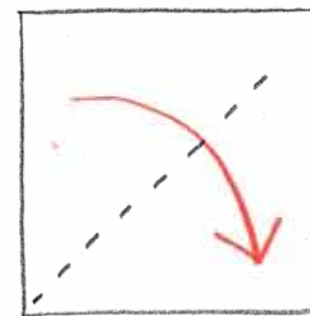
SQUARE SHEET
OF PAPER
PENCILS & PENS

SHACKLETON MADE A LIST OF ALL THE THINGS HE NEEDED TO PACK FOR A LONG VOYAGE. FOR EXAMPLE, FOOD, CLOTHING AND DOGS TO PULL THE SLEDGES.

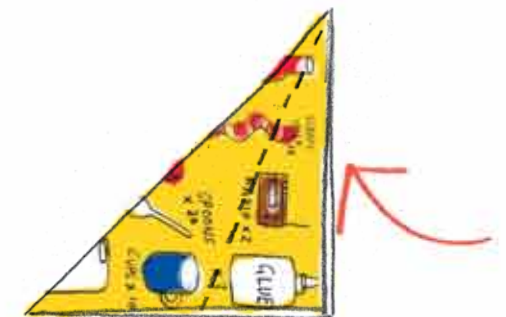


1. DRAW, COLOUR AND WRITE THE SUPPLIES YOU WOULD TAKE.

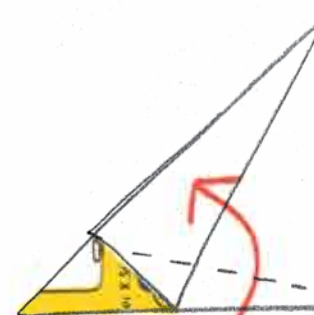
TURN OVER



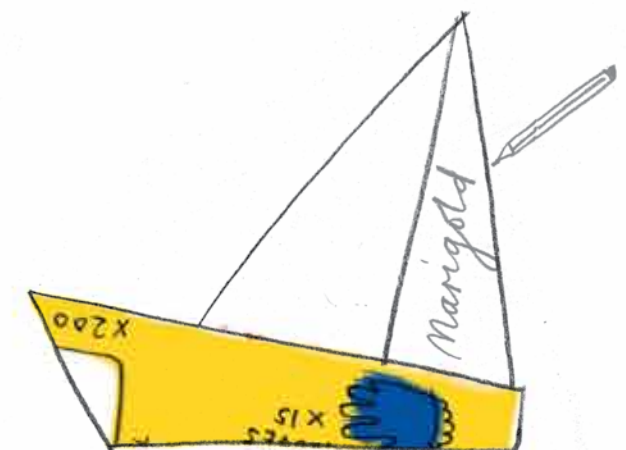
2. FOLD IN HALF.



3. FOLD ON DOTTED LINE



4. FOLD ON DOTTED LINE



5. FINISHED

NAME YOUR BOAT.

MARY SEACOLE

SHE GREW UP IN JAMAICA, FAMOUS FOR HELPING
LOTS OF SOLDIERS IN THE CRIMEAN WAR.



BORN 1805

STRENGTHS NOT SCARED OF DANGER.
COULD MAKE HER OWN MEDICINES.

ACHIEVEMENT SAVED MANY SOLDIERS' LIVES.

HERO QUALITIES RISKED HER OWN LIFE TO
SAVE OTHERS ON THE BATTLEFIELD.

FASCINATING FACT RAN A HOTEL TO HELP PAY
FOR HER NURSING AND WROTE A
BOOK ABOUT HER ADVENTURES.

WRITE A POSTCARD

IMAGINE YOU HAVE TO GO ON A DANGEROUS
MISSION. DRAW WHAT YOU MIGHT SEE, WRITE
A POSTCARD TELLING A FRIEND ABOUT YOUR EXPERIENCE.

The back of a postcard template. It features a small square box in the top right corner for a stamp, followed by four horizontal lines for an address.

DESIGN your own

SUPERHEROES

DRAW SOMEONE YOU KNOW.

BORN
STRENGTHS
ACHIEVEMENT
HERO QUALITIES
FASCINATING FACT

14.

DRAW SOMEONE FAMOUS OR MADE-UP

BORN
STRENGTHS
ACHIEVEMENT
HERO QUALITIES
FASCINATING FACT

15.

WHAT DOES the WORD
SUPERHERO STAND FOR?

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O

THANK YOU and extra stuff!

The National Portrait Gallery has been working with hospital schools in London for 10 years, sharing the inspirational stories of men and women in the Collection and providing access to high-quality arts provision. The programme has reached over 10,000 young people and their families.

My Superheroes is a new Gallery initiative in partnership with Great Ormond Street Children's Hospital School, Evelina Children's Hospital School and Vital Arts, Royal London Children's Hospital.

It has been made possible with funding from the 29th May 1961 Charitable Trust, CHK Charities Limited, PF Charitable Trust and the Gallery's own superheroes, five members of staff who ran the 2012 London Marathon to raise funds for this project.

With thanks to the young people, families and staff at Great Ormond Street Hospital School who provided the Gallery team and illustrator Marion Deuchars with inspiration and chose the superheroes for our book.

To find out about the Gallery's other achievers go to www.npg.org.uk

HOPE YOU
ENJOYED OUR BOOK!

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Illustrations created by Marion Deuchars © National Portrait Gallery, London, 2012
www.mariondeuchars.com

Sir Francis Drake by an unknown artist circa 1580, NPG 4032
Michael Faraday by Maull & Polyblank 1857, NPG Ax7281
Mary Jane Seacole (nee Grant) by Albert Charles Challen, 1869 NPG 6856
Sir Ernest Henry Shackleton by Alick P.F. Ritchie 1907 or after, NPG D18064
Emmeline Pankhurst addressing a crowd in Trafalgar Square by an unknown photographer printed by Central Press 1908, NPG x131784
http://en.wikipedia.org/wiki/File:Sir_Francis_Drake_And_His_Coat_Of_Arms.gif

MY SUPERHEROES

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www.npg.org.uk/learning